

Give Your Students a Taste of Shabbat

What's it about?

Kayla and her dog Kugel work together to set the table for Shabbat with all the traditional ritual objects. When they're done, even Kugel knows that a Shabbat table isn't complete until it has one more thing—family!

What can my students learn from the story?

Kayla and Kugel is a great way to introduce the following ideas to your students:

- Shabbat traditions, including Kiddush, challah, Shabbat candles
- *Sh'lom bayit* (the Jewish value of creating peace in the home)
- *Hiddur mitzvah* (the Jewish value of enhancing a religious practice with beauty)

Discussion Questions

- Can you think of an object in your house that's important to you? What makes it important?
- Why do you think we have special objects and rituals for Shabbat?
- Do you agree with Kugel that the Shabbat table isn't complete without family? Why?
- What are your favorite things to do with family?

Suggested Activities

- Bring in different style Kiddush cups. Allow students to examine them and discuss the different symbols they contain.
- Model a Shabbat dinner, complete with real or pretend Kiddush cups, challah, candlesticks and blessings...and your classroom family.

Visit www.applesandhoneypress.com for free, downloadable coloring and crafts:

- Make your own Shabbat placemat
- Make your own Kiddush cup
- Color the Kayla and Kugel characters



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Kayla and Kugel

By Ann D. Koffsky

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